



HOW TO MEASURE PANTS

Measure – Waist



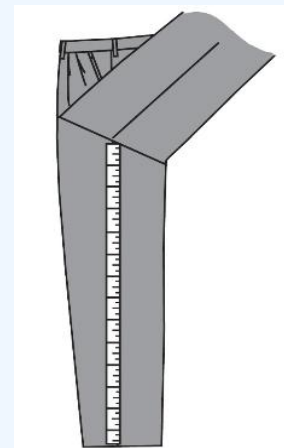
Waist Size: Standing in front of the person being measured, measure around his/her natural waistline, just above the hipbones.

The number of inches is the waist size.

Convert measurement in inches to corresponding female sizes using chart.

| PANTS WAIST SIZES | |
|----------------------|------|
| Female | Male |
| 2 | 28 |
| 4 | 30 |
| 6 | 32 |
| 8 | 34 |
| 10 | 36 |
| 12 | 38 |
| 14 | 40 |
| 16 | 42 |
| 18 | 44 |
| 20 | 46 |
| 22 | 48 |
| 24 | 50 |
| 26 | 52 |
| | 54 |
| | 56 |
| | 58 |
| | 60 |
| | 62 |
| | 64 |

Measure – Inseam Length



Inseam: Standing in front of the person being measured, have him/her stand with both feet flat on the ground with legs straight and slightly apart. Have them hold one end of the tape measure at the base of the crotch seam. Straighten the tape down the inside of the leg to the top of the shoe.

The number of inches shown is the inseam length.

This measurement will be more accurate if the person is wearing the actual shoes to be worn with the uniform.